



Anne Arundel County Department of Health Community Health Announcements and News Releases March 2019

NEW! ANNE ARUNDEL COUNTY COMMUNITY HEALTH NEEDS ASSESSMENT REPORT:
www.aahealth.org/CHNA2019

DENIALisDEADLY.ORG: SUBSTANCE MISUSE TREATMENT AND RECOVERY RESOURCES

Visit www.DENIALisDEADLY.org for facts and local data on heroin and prescription opioids. The website includes information on free Narcan response training and kits, treatment and recovery, and prescription drug disposal sites.

SUBSTANCE MISUSE TREATMENT SERVICES

Substance misuse assessment, referrals and treatment services are available through the Department of Health. For details, call 410-222-0117. Methadone and Suboxone maintenance services (for opiate-addicted adults) are available. For information, call 410-222-0100.

SAFE STATIONS INITIATIVE

Anne Arundel County and Annapolis City fire and police stations are designated safe environments for individuals seeking assistance from heroin/opioid addiction. Those seeking help can visit any fire or police station 24/7 to be linked with a substance use disorder treatment program.

DRUG AND ALCOHOL USE PREVENTION AND EDUCATION FOR COUNTY YOUTH

The Prevention and Education Services Office helps to increase awareness of the risks associated with drug and alcohol use among young people in Anne Arundel County. The program provides information, training, presentations and exhibits to county schools, after-school programs, community groups, faith-based programs and parent groups. For information, call 410-222-6724.

BEHAVIORAL HEALTH SERVICES FOR CHILDREN AND TEENS

The Department of Health provides outpatient mental health and substance abuse treatment for 4- to 18-year-old children and their families without private medical insurance. For more information, call 410-222-6785.

BIRTH AND DEATH CERTIFICATES

The Department of Health can provide certified copies of Maryland birth and death certificates. Visit www.aahealth.org/birth-certificates or call 410-222-4462 for office hours and fees.

EMPLOYMENT OPPORTUNITIES

For employment opportunities at the Department of Health, visit www.aahealth.org/jobs.

PHONE DIRECTORY OF SERVICES

The Department of Health has an online phone directory for the department's services at www.aahealth.org/phone-directory.

DENTAL HEALTH SERVICES

The Department of Health provides dental services by appointment to income-eligible children, young adults, expectant mothers and to adult participants in the county REACH program. Dental clinic locations are in Annapolis (3 Harry S. Truman Parkway, 410-222-7138) and in Glen Burnie (North County Health Building, 791 Aquahart Road, 410-222-6861). Services include cleaning, fluoride treatment, periodontal treatment, sealants, fillings, root canals, extractions, crowns, bridges, oral health education and dental health referrals.

WOMEN, INFANTS AND CHILDREN (WIC)

The WIC supplemental nutrition program provides free nutritious foods, nutrition education, breastfeeding support and resource referrals for pregnant, breastfeeding and postpartum women, and to infants and children up to age 5. To qualify, county residents must meet income guidelines. Call 410-222-6797 or 410-222-0139 (Spanish), or visit www.aahealth.org/wic for more information.

BREAST AND CERVICAL CANCER SCREENING REFERRALS YEAR-ROUND

The Department of Health provides referrals for free breast exams, mammograms and Pap tests to eligible county residents. For details, call 410-222-6180 or visit www.LearnToLiveHealthy.org.



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Anne Arundel County Department of Health

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FOOD FACILITY INSPECTION REPORTS

The Department of Health conducts more than 4,600 food facility inspections yearly. Monthly inspection summaries and individual reports are at www.aahealth.org. Enter "Food Facility" in the search bar.

DEPARTMENT OF HEALTH'S WEBSITE

Visit the Anne Arundel County Department of Health's website, www.aahealth.org, for information about the Department's services and links to national, state and local public health resources.

WELL AND SEPTIC RECORDS

The Department of Health can provide information about the location and other details of residential and commercial property water wells and on-site sewage disposal systems. Request well and septic records online at www.aahealth.org/request-for-copies-of-septic-or-well-records.

SMOKING CESSATION

For free quit-smoking kits and information on free smoking cessation classes, Anne Arundel County residents can call the Learn To Live Line 410-222-7979, or visit www.MyQuitKit.org.

MEDICAL COVERAGE FOR FAMILIES

Does your family need health insurance? Medical Assistance for Families/MCHP has comprehensive medical coverage for income-eligible families, children and pregnant women through managed care organizations (MCOs). For application information, call 410-222-4792, or visit www.aahealth.org/mchp.

ADMINISTRATIVE CARE COORDINATION PROGRAM (ACC)

ACC provides services to clients who are enrolled in (or eligible for) Medical Assistance and HealthChoice to help them access health care. Short-term care coordination may be provided for certain groups. The Ombudsman investigates issues with managed care organizations. For more information, call ACC at 410-222-7541 or the Ombudsman at 410-222-4380.

CHILDREN'S IMMUNIZATIONS

Your baby needs immunizations at 2 months, 4 months, 6 months, and between 12 and 18 months. Boosters are given prior to entering kindergarten. Call your health care provider or the Department of Health at 410-222-4896 for details. Information on immunizations at area health centers for eligible children can be found at www.aahealth.org/immunizations.

SAFE SEX KIT

The Department of Health's STI Services offers a free Safe Sex Kit, which includes fact sheets and a variety of condoms in a condom case. Order a kit at www.aahealth.org/safesexkit.

HIV/AIDS/STI SERVICES

The Department of Health offers free, confidential testing and counseling for HIV, the virus that can cause AIDS. Call one of these health centers for an appointment: Glen Burnie (410-222-6633) or Parole (410-222-7247). The department also offers free HIV case management services. Call 410-222-7108 for more information. Follow HIV/AIDS Services on Twitter at www.twitter.com/hivxpressions. Testing services for other sexually transmitted infections (STI) are offered by the department. For more information, call 410-222-7382.

MEDICAL ASSISTANCE TRANSPORTATION

The Department of Health provides medical transportation services for eligible Medical Assistance/HealthChoice clients. Individuals with a valid Maryland Medical Assistance/HealthChoice card and no means of public or private transportation may be eligible. For information, call 410-222-7152.

PRESCRIPTION SAVINGS PROGRAM

The Prescription Savings Program is for residents of any age and income. There is no cost to obtain the savings card. For more information, call 410-222-4531 or go to www.scriptsave.com and log in with Group #586.

HEALTHY MOMS AND BABIES

The department's Healthy Moms and Babies website, www.aahealthybabies.org, has free pregnancy resources, including information cards on preterm labor, fetal movements and secondhand smoke.

INFANT SAFE SLEEP — ABCs

The Department of Health urges all parents, grandparents and caregivers to put babies to sleep by following the safe sleep ABCs – **A**lone, on their **B**acks, in a safe **C**rib. For details, visit www.aahealthybabies.org.

HEALTHY START

Healthy Start nurses and social workers meet with pregnant women and the parents of children up to age 2 to discuss pregnancy, childcare, child safety and community resources. For a Healthy Start nurse home visit, call 410-222-7177.

ANNE ARUNDEL COUNTY FREE YEAR-ROUND PRESCRIPTION MEDICATION DISPOSAL PROGRAM



**Drop Off Your Expired, Unwanted
and Unused Medication Safely
at These Locations 24 Hours
Daily, 7 Days a Week:**

Anne Arundel County Police Department

Northern District
939 Hammonds Lane
Baltimore, MD 21225
410.222.6135

Southern District
35 Stepneys Lane
Edgewater, MD 21037
410.222.1961

Eastern District
204 Pasadena Road
Pasadena, MD 21122
410.222.6145

Western District
8273 Telegraph Road
Odenton, MD 21113
410.222.6155

Maryland State Police

6800 Aviation Boulevard
Glen Burnie, MD 21061
410.761.5130

Monday - Friday, 8 a.m. - 4 p.m. Drop-Off Boxes

**Annapolis Police
Department**
199 Taylor Ave.
Annapolis, MD 21401
410.268.9000

**Anne Arundel County
Police Department**
8495 Veterans Hwy.
Millersville, MD 21108
410.222.8050

More Information: www.aahealth.org

Supported by the Anne Arundel County Department of Health, SAMHSA and the Maryland BHA



FOR IMMEDIATE RELEASE

**The Department of Health's Strengthening Families Program
Helps Build Stronger Families and Communities**

The Anne Arundel County Department of Health offers the free Strengthening Families Program to families with children ages 6-17. Strengthening Families is an evidenced-based, 14-week session that provides training in parenting and in developing young people's life skills. Since 2013, the program has served more than 1,300 county residents.

Strengthening Families helps parents and caregivers to improve family interaction, provide effective discipline, set constructive limitations, and to learn methods to improve their children's behavior. Participants also learn the negative impact substance misuse has on family relationships. This program helps children develop better communication and social skills to understand their feelings, solve problems, resist peer pressure and comply with family rules.

The Strengthening Families Program is currently accepting families for sessions beginning in March 2019.

For families residing in Pasadena or the northern and western sections of the county, Strengthening Families will be held every Tuesday beginning March 12, 2019 from 5:30 p.m. to 8 p.m. at Marley Middle School, 10 Davis Court, Glen Burnie, MD 21060.

For families residing in the Annapolis area and southern part of the county, Strengthening Families will be held every Wednesday beginning March 6, 2019 from 5:30 p.m. to 8 p.m. at Walter S. Mills-Parole Elementary School, 1 George and Marion Phelps Lane, Annapolis, MD 21401.

The free program provides dinner, transportation and on-site babysitting for younger children. Attendance incentives, such as gas cards and store gift cards, are also provided.

For more information on the Strengthening Families Program, referrals and registration, contact the Strengthening Families Supervisor Loise Taliaferro at 410-222-1844 or hdtali00@aacounty.org.

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February 28, 2019

Media Contact: Elin Jones, Public Information Director, hdjones@aacounty.org, 410-222-4508



Healthy Living From The Anne Arundel County Department Of Health

FOR IMMEDIATE RELEASE

**Are You 50 or Older?
Department of Health Recommends Colorectal Cancer Screenings**

March is Colorectal Cancer Awareness Month, and the Anne Arundel County Department of Health urges all adults age 50 and older to get screened for the disease. Your doctor may start screenings earlier based on your risk factors.

In the county, colorectal cancer is the second leading cause of cancer death (after lung cancer). Colorectal cancer usually has no early symptoms, but treatment is most successful when the disease is detected early by screening.

To help county residents learn about the disease, the Department of Health's Learn To Live program offers a free Colorectal Cancer Prevention Information Kit. It can be ordered from www.LearnToLiveHealthy.org or the Learn To Live Line, 410-222-7979. The kit contains information on how the disease can be detected and treated; information on healthy behaviors that can help prevent cancer, such as regular exercise and eating fiber-rich foods; and a list of medical providers that offer free screenings for eligible county residents.

Learn To Live encourages county residents to reduce their risk of developing cancer and other serious illnesses by making healthy lifestyle choices, such as eating a healthy diet, quitting smoking and getting regular cancer screenings. For more information, visit www.LearnToLiveHealthy.org or call 410-222-7979.

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FOR IMMEDIATE RELEASE

Department of Health Warns Pregnant Women Against Drug Misuse

Did you know that using cigarettes, alcohol or illegal drugs during pregnancy can harm the mother and her baby? Everything a pregnant woman ingests can affect the baby's growth and wellness.

Pregnant women who smoke expose their babies to nicotine and the chemicals in cigarettes. If the mother smokes, her baby may be born early, develop a dependency to nicotine, have breathing and behavioral problems, or possibly die before birth or in the first year of life. The effects of secondhand smoke can also cause babies to develop breathing problems, ear infections and dental cavities.

If the mother drinks alcohol while pregnant, her baby can be born too small and may develop visual and hearing, learning, sleeping or eating problems.

Pregnant women who use illegal drugs, including marijuana, heroin and cocaine can cause their babies to be born early; grow slowly; have heart problems or a stroke; have shaking, vomiting and other withdrawal symptoms; or suffer lifelong disabilities.

Most illegal drug users who think they might be pregnant, should stop using the drug and talk to a doctor immediately. However, heroin or opioid users will need to see a doctor to help them gradually get off the drug. Stopping opioids too suddenly can harm the baby.

The Anne Arundel County Department of Health offers free Healthy Pregnancy and Healthy Babies Kits to pregnant women, parents, grandparents and caregivers. To order the kits, county residents can visit www.aahealthybabies.org or call 410-222-7223. For information about certified treatment programs, visit www.DENIALisDEADLY.org or call the Anne Arundel County Treatment Referral and Resource Line at 410-222-0117. For information about free smoking cessation classes and quit smoking kits, visit www.LearnToLiveHealthy.org or call 410-222-7979.

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February 28, 2019

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**Anne Arundel County Healthy Babies ♦ 3 Harry S. Truman Parkway ♦ Annapolis, MD 21401
410-222-7223 ♦ fax 410-222-7294 ♦ www.aahealthybabies.org**



NEWS RELEASE

FOR IMMEDIATE RELEASE

Anne Arundel County Department of Health Provides In-School Vision and Hearing Screenings

Anne Arundel County Department of Health vision and hearing technicians and school nurses conduct mandated vision and hearing screenings in public schools each year. The screenings are for children in preschool, kindergarten, first and eighth grade, and for students new to Anne Arundel County schools. Special education students receiving speech therapy may also be recommended for screening. Department of Health vision and hearing technicians also administer vision and hearing screenings at private schools, nurseries and day care programs to ensure that the appropriate children are screened. Children who wear glasses should bring them to school on the day of the screening. Students in the following schools and programs will be screened in March:

March 1	Severn School Chesapeake Campus
March 6	Brooklyn Park Elementary
March 7	Indian Creek Lower School
March 8	Indian Creek Upper School
March 11	Annapolis Area Christian School Lower School
March 12	Annapolis Area Christian School Upper School

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Anne Arundel County Department of Health In-School Vision and Hearing Screenings

March 13	Tracey's Elementary
March 14	Crofton Woods Elementary
March 19	Meade Middle School
March 20	Bodkin Elementary

Children are screened in order to detect vision or hearing problems that may impair a child's ability to perform successfully in school. If a potential deficiency is detected, a letter is sent to the parents or legal guardians informing them of the results. The parents are advised to contact the child's doctor for further testing and advice. For more information on the School Vision and Hearing Program, call Kim Roussey, vision and hearing technician supervisor, at 410-222-6838.

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